Takeoff Checklist
ABCCCD

1. **Altimeter** - Set to field elevation. Check other instruments.
2. **Main Power** - Turn switch on.
3. **Seat Belts** - Fastened & Adjusted
4. **Canopy** - Closed, Locked & Verified
5. **Controls** - Freedom of movement of all controls. Ensure spoilers Closed/Locked. Adjust flaps if necessary. Check Trim.
6. **Cable** - Tow cable attached and release checked.
7. **Direction of Wind** - Verify dir./spd. Adjust controls for wind.
8. **Don't forget to call 200 feet!**

Landing Checklist
USTALL

1. **Seat Belts** - Recheck tightness
2. **Undercarriage** - Extend Gear and Check.
3. **Speed** - Increase Airspeed to Proper Pattern Speed
4. **Trim** - Adjust for landing.
5. **Airbrakes** - Check/Set Divebrakes, Spoilers or Flaps
6. **Lookout** -Check Wind, Traffic, & Landing Area Clear of People and Vehicles.
7. **Land** - Full Concentration on Landing.